

Newborn's head 'pops out' of mum's stomach during natural cesarean where baby wriggles out and delivers himself

WARNING: IMAGES OF SURGERY The baby was allowed to deliver itself through his mum's stomach during a natural c-section

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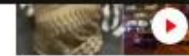


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A **baby** was captured on camera emerging slowly from his mother's stomach, popping out headfirst, as he appeared to **deliver** himself.

Incredible footage shows the top of the newborn's head appear through an opening cut, made to deliver the child through cesarean section.

But the youngster manages to squeeze his head naturally through the gap. Next his face, with screwed up eyes and tiny nose and mouth appear, before seconds later two ears emerge,



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Another clip, taken by the same surgeon of the birth, appears to show the little boy wriggle himself out during the natural c-section, which aims to mirror a vaginal birth as closely as possible.

The footage was uploaded by Jham Frank Lugo, an obstetrician and **founder of fertility centre**, Centro de Fertilidad Clínica Lugo, in Venezuela.



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Dr Lugo posts amazing birth images on his Instagram account, which is followed by 11,200 people.



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In a normal cesarean section a cut is made in a mother's stomach so the child can be removed by medical professionals. But in a natural cesarean the baby is guided out of the incision, to make it as similar to vaginal delivery as possible. Children born this way emerge head first, before their shoulders then emerge. The newborn is then placed directly on the mother.



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Last year a woman [gave birth through 'natural cesarean', with footage showing the baby wriggle itself out](#) .



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